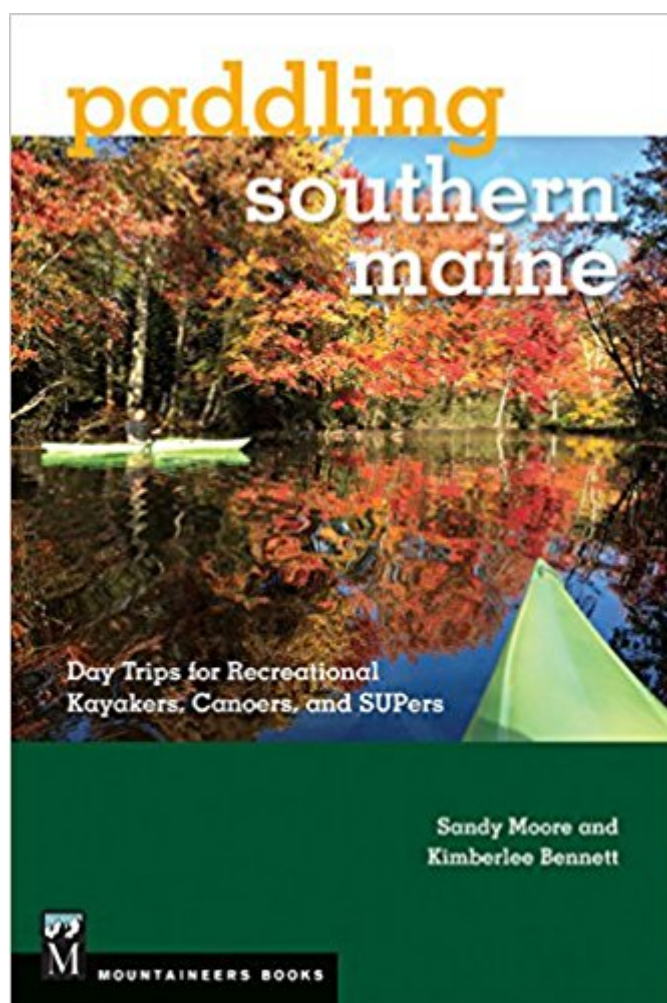


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# Paddling Southern Maine: Day Trips For Recreational Kayakers, Canoers, And SUPers



## Synopsis

Maine is one of the premier paddling destinations in North America. And across the Greater Portland Southern Maine region, paddlers can find plenty of protected, flat water to play in, whether canoeing, kayaking, floating, or coasting along on an SUP. Paddling Southern Maine includes maps, photographs and suggested routes, with a strong focus on safe and responsible paddling and environmental awareness. There is an "At a Glance" chart to help you find just the outing you're looking for, and none of the trips require shuttling or portaging. The authors note the skill level and endurance needed for each trip, and there are fun outings for novices and strong, experienced paddlers, alike.

## Book Information

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## Customer Reviews

Sandy Moore is a former Registered Maine Guide and ACA (American Canoe-Kayak-SUP-Raft-Rescue Association) Kayak Instructor. Passionate about introducing people to the world of paddling, she believes that kayaking, SUPing, and canoeing are the perfect methods for people with a wide range of abilities to explore nature from a unique and intimate perspective. Kimberlee Bennett is an experienced kayaker who has explored and photographed numerous paddling destinations throughout Maine. She has documented many of her excursions on her blog, [kayakinginmaine.blogspot.com](http://kayakinginmaine.blogspot.com). She is an educator with 19 years of experience including her role as a special education teacher and in her current position as a high school assistant principal. This is her first book.

As someone who is just getting started paddling with kyaks and SUPs in southern Maine this book has been great. It's super detailed and gives really helpful info about where to park and what to expect with each trip. It also had some helpful general info about safety etc as well as the trips separated by geo location. I'd highly recommend. It's helped us find a few spots that were nearby that we didn't even know existed!

This book is very detailed and informative, written by local women who know their stuff!

Really good book on kayaking in southern Maine. The put-in and take-out locations are clearly and accurately described. This book and the Delorme Maine Atlas and Gazetteer are all you need for many days of exploring some of the world's most beautiful inland and coastal waters that don't require driving far from populated areas.

I loved the format. Easy to follow and very informative. The pictures are beautiful. I can't wait until good weather so I can explore using this book as my guide.

If you like to kayak in Southern Maine this is the book for you! I waited to review this after we had made a few trips, and we were very happy with the comprehensive information regarding the various kayaking options.

Well organized by regions, this guide for kayakers, canoeists, and paddleboarders is an invitation to explore Southern Maine via its vast waterways. Very useful information. Love the photographs.

I love kayaking and was so pleased to find a book that covered the southern Maine area. I am a recreational kayaker and this book is perfect for anyone who loves seeing wildlife, calm waters and the beauty on the water in the Southern Maine area!

Gave this book away as a gift, so cannot review content. Book looks exactly what I wanted to give to my grandson.

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